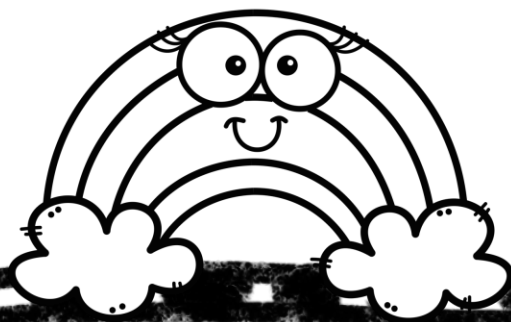




Air Base K-8 Center

**Summer Packet
2026**

**Rising
First Grade**



SCHOOL SUPPLY LIST

First Grade 2026-2027 School Year

Dear First Grade Families,



Here is the list of supplies that will be needed to get our school year started! Please write your child's name on ALL supplies. Also, **NO ROLLING BOOKBAGS** are allowed in first grade since students will only be carrying home one folder each day. Please send all supplies listed below, labeled, with your child's name on it. To help students and teachers with all supplies listed, please follow schedule.

Day 1- Supplies listed below

Day 2-Send in all Foreign Language supplies in a separate bag.

Day 3-(and any time after) send any wish list items you would like to donate

Thank you! ☺

Weekly Supply Check

Each Friday, your child's pencil pouch will be sent home and returned on Mondays. Please take a moment **EACH** weekend to check and restock any needed supplies so your child is prepared for the upcoming week.

- 1 Large Zippered Pencil Pouch (NO BOXES)

Items to keep in pouch:

- 3 sharpened pencils **DAILY** (Keep at home 1-10 pack of #2 pencils to always replenish on Fridays)
- 1-24 pack of Crayola Crayons (NO COLORED PENCILS OR MARKERS)
- large red eraser

Other School Supplies:

- One ream of copy paper
- 1- 3 pack of Elmer's glue sticks
- 1 pair of safety scissors
- 1 pair of headphones (place in big Ziploc with your child's name on it)
- 1 Heavy Duty (sturdy) Plastic Folder with two pockets and 3 prongs. Any color is fine.
- 2-Wide ruled journals (NOT primary) labeled with your child's name on it for your homeroom class (these are aside from Foreign Language supplies)

Up Coming Fees

- \$3.00 Yellow Communicator Folders (1st week of school)
- Spirit Shirts- August Collection (used for Field Trips, Field Day etc.)
- Cambridge Fee-TBA

MONTHLY WISH LIST

FIRST GRADE 2026-2027 SCHOOL YEAR

Dear First Grade Families,

We are so excited for a wonderful year of learning, growth, and fun in our classroom! In first grade, we work together as a team, the students, families, and teacher, to create a positive and successful learning environment for everyone.

To help keep our classroom running smoothly, we will be using a rotating donation schedule for shared classroom supplies throughout the school year. This allows us to restock items as needed without asking all families at once.

Each month, families with last names in the assigned group are invited to donate any of the following items if they are able:

TISSUES · DISINFECTING WIPES · HAND SANITIZER · LYSOL SPRAY · BABY WIPES

MONTHLY DONATION SCHEDULE

- August/September: Last names A-D
- October: Last names E-H
- November: Last names I-L
- December: Last names M-P
- January: Last names Q-T
- February: Last names U-Z



All donations are completely optional, and we are truly grateful for any support you are able to provide at any time during the year. These items help us keep our classroom clean, organized, and ready for learning every day! Homeroom parent/Teacher will send a reminder as to what we will actually need for that month.

Thank you so much for being such an important part of our classroom team. Your support truly makes a difference!

😊 **YOUR 1ST GRADE TEAM** 😊

AIRBASE K-8 Center

World Languages Grades 1st - 5th Grade SCHOOL SUPPLIES 2026-2027



Please label all supplies designated for World Language as "World Languages"

FRENCH

Essential Supplies

Headphones *Third, Fourth, and Fifth grade only. *To be used with school issued device.

SPANISH AS A SECOND LANGUAGE

- 1 composition book
- Index cards
- 1 red plastic duo tang folder

SPANISH FOR SPANISH SPEAKERS

- 1 composition book (for Second, Third, Fourth and Fifth grade only)
- 1 red plastic duo tang folder

Wish List

- box of facial tissue paper
- Anti-bacterial Hand wipes (**no** liquid or gel hand sanitizer)
- Baby wipes
- Ream of copy paper
- Dry erase markers
- A box of #2 sharpened pencils

Additional Materials may be requested by specific World Language Teacher.



GET READY FOR **FIRST GRADE**



INDEPENDENCE SKILLS

- Ties own shoes
- Keeps track of personal belongings (backpack, coat, etc.)
- Opens food containers and packaging
- Can zip up & unzip coat

SMALL MOTOR SKILLS

- Holds pencils with proper grip
- Writes letters with proper formation
- Able to cut with scissors
- Able to glue with a glue stick

LARGE MOTOR SKILLS

- Hops on one foot
- Jumps over low obstacles with two feet
- Has spatial awareness (not bumping into others)
- Can kick a moving ball
- Dribbles a ball with one hand
- Maintains balance walking on a line

SOCIAL SKILLS

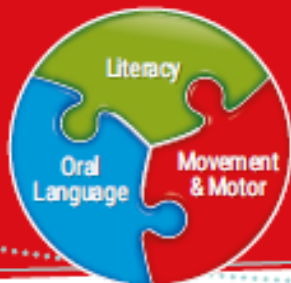
- Can follow directions
- Shows empathy and kindness toward others
- Practices emotional regulation
- Has coping strategies when told "no"
- Has a teachable attitude
- Has a positive mindset
- Can say and write first and last name

MATH SKILLS

- Counts out loud to 50 correctly
- Writes numbers 0 to 50
- Has basic number sense to 20 (understanding quantity)
- Identifies, names, and draws 2D and 3D shapes

LITERACY SKILLS

- Identifies all letter names and sounds
- Demonstrates phonemic awareness (blending and segmenting sounds)
- Reads high-frequency sight words
- Decodes CVC words (cat, pig, sun)
- Writes a simple sentence



Key Area: Movement and Motor

The Development of Appropriate Pencil Grip



When children first begin to draw using crayons, pencils or brushes they use a dagger grasp. In a natural developmental sequence they will hold the writing implement in a variety of grasps until they settle on a functional tripod grip for handwriting. The developmental sequence is a result of neurological and physical growth in the child.

As we look below at the development of different grasps and drawing skills we can observe that there is a natural progression as the child's fine motor skills develop. The complexity of the drawing skills increases as the child develops more control over the pencil or crayon in his or her hand. [See the following pages for more information.](#)

Dagger



12 Months to 2 Years

- Development of fine pinch grip and precise release of small objects
- Both hands develop skilled function and work together
- Crayon is held initially in the palm (*Palmar Supinate or Dagger grasp pictured right*). Movement mainly occurs from shoulder, the arm and hand move as a unit.
- Makes marks on paper with crayon
- Vigorous scribble in imitation
- Scribbles spontaneously
- Draws a stroke then obliterates by scribbling
- Imitates drawing a vertical line

Pronate



2 Years To 3 Years

- Crayon or tools may be held across all fingers, with the palm facing down. Digital Pronate grasp (*pictured right*) movement mainly occurs at the elbow, the forearm and hand move as a unit.
- Imitates drawing a circle
- Copies a horizontal line
- Copies a vertical line
- Draws 2 or more strokes when attempting to copy a cross

Quadropod



3 Years To 4 Years

- The fingers (often all four) are held on the pencil shaft opposite the thumb. Quadropod grasp (*pictured top right*). Movement can occur from the wrist, the hand moves as a unit with the fingers static. Static Tripod grasp (*pictured bottom right*). Adjustments to the pencil are made with the opposite hand (3½ - 4 years).
- Copies a circle
- Imitates a horizontal cross
- Imitates a zig zag line
- Joins two dots
- Draws a diagonal stroke by following a continuous dotted line
- Traces over a diamond shape (rounded corners)
- Draws a man with a head and one other body part e.g. arms, legs
- Traces and stays on most of the time a 7cm wide horizontal line.

Static Tripod



Static Tripod



4 Years To 6 Years

- Child developing ability to manipulate objects between the fingers and palm and rotate objects with the fingers.
- Uses a *Static Tripod grasp* (*pictured right*) of a pencil consistently
- Developing fine control to manipulate a pencil
- The thumb, index and middle fingers work as a unit for precise control of the pencil, the ring and little fingers provide support. Horizontal movement across the page occurs at the wrist elbow and shoulder (4½ to 6 years).
- Copies a diagonal line, a square, a diagonal cross, circle and triangle
- Draws a man with a head, arms and legs
- Colours in a simple picture staying mainly within the lines (no more than 0.6 cm)
- Draws a man with a head, trunk, arms, legs, feet and three facial features
- Connects a series of dots to make a simple drawing



Key Area: Movement and Motor

The Development of Appropriate Pencil Grip



It is suggested that it is much easier to introduce and reinforce the proper way to hold a pencil than to try and change an inefficient one later in school life where the child has grown accustomed to using it for several years. It is felt that handwriting difficulties could be avoided in later years if there is an early emphasis on strong fine motor skills, learning how to hold a pencil and regular practice on how to use it.

The goal of a proper pencil grip is that it is stable, comfortable and is able to be moved with the smaller muscles of the fingers rather than the whole hand. One important feature of this type of grip is an open and rounded web space, the space formed by the thumb and index finger. It is much harder to move a pencil with finger movements if that is closed.

There are a number of ways to encourage the right grip. One idea is as follows:

Make ok sign with fingers. Place pencil between thumb and index fingers then drop the middle ring and little fingers under the pencil. The last joint of the middle finger sits next to the index finger so that it can support the underside of the pencil.

Children can be reminded to hold their pencil with their 'ok' fingers.

Alternatively the pinch action of the index finger and thumb, with the middle, ring and little fingers tucked into the palm mimics the action of a bird's pecking beak. Children can be reminded to make the bird's beak and hold their pencil.

Sometimes children find it hard to keep their middle, ring or little fingers tucked into their palm, often they climb onto the pencil shaft too. Children can try holding a small marble or wishing stone in the palm of their hand as they write to help them maintain the right grip. There are also a large number of commercially available pencil grips that help children hold their pencils correctly as they begin to write.

Another useful activity to practise the right grip is to use extremely short pencils to encourage the child to use finger tips rather than the whole hand. The shaft of the pencil should rest gently in the webspace. Children can check to see if their pencil is 'lying back on its pillow'

What Is A GOOD Pencil Grip?

- The pencil shaft is held between pads of index finger and thumb of dominant hand.
- The middle finger sits along side the index finger supporting under the pencil.
- The ring and little fingers curl gently into the palm.
- There is an open, fairly circular web space formed by the thumb and index finger. This is where the pencil shaft will rest.
- Sometimes the pad of the middle finger on the pencil too, this is acceptable if the web space remains open.

See the following pages for more information.



What Is NOT A GOOD Pencil Grip?



Thump Wrap



Thumb Tuck



Supinate



Transpalmar



Interdigital Brace



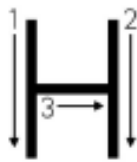
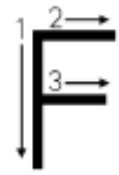
Index Grip

As first grade teachers we have noticed a decline on children's letter formation and correct pencil grip. Use this as your guide and have your child complete daily sheets of handwriting practice for both upper- and lower-case letter using correct pencil grip.

UPPERCASE letters

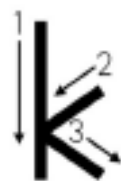


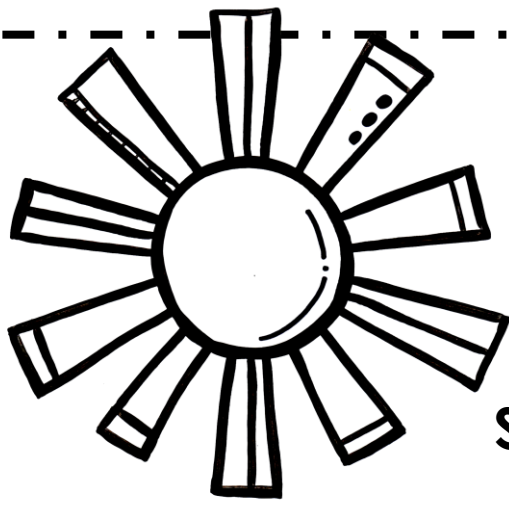
Name: _____



lowercase letters

Name: _____









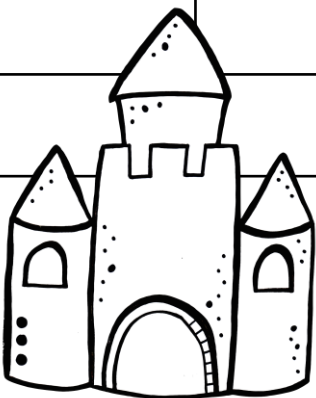


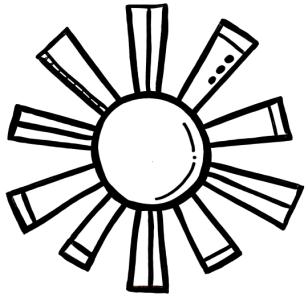
1st Grade Summer Reading Log

Student Name: _____













At least one book per week.

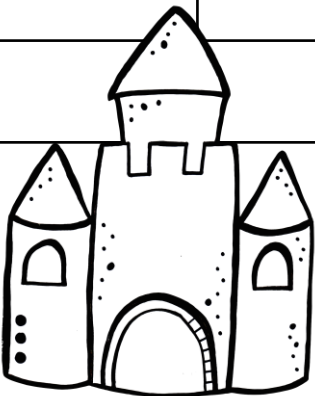
Date	Book Title	Author	Rating
			
			
			
			
			
			
			
			
			
			
			
			





1st Grade Summer Reading Log

Date	Book Title	Author	Rating
			
			
			
			
			
			
			
			
			
			
			
			

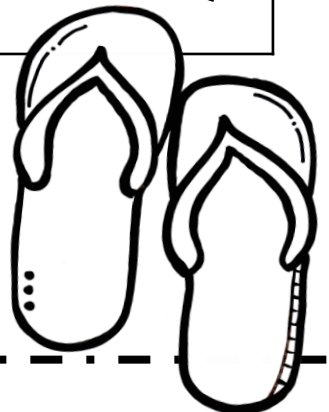
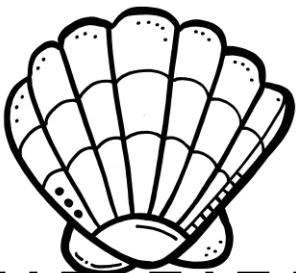


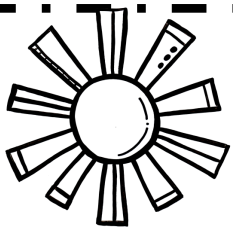
HIGH FREQUENCY WORDS

Please make sure your child can read all these words quickly, to help them be excellent readers for first grade!

I	can	the	we	see
a	have	am	like	big
in	out	so	my	with
jump	but	at	be	to

to	red	on	do	four
out	you	new	ride	go
blue	one	and	please	it
down	into	my	eat	that
are	no	old	he	away

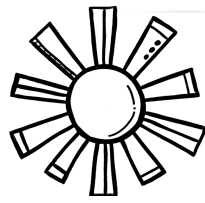




HIGH FREQUENCY WORDS

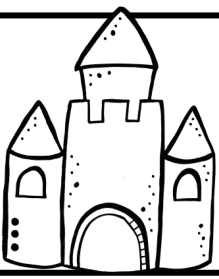
with	who	keep	came	is
my	little	not	soon	she
was	must	now	yes	they
for	have	say	am	of
ran	went	said	want	black
brown	there	yellow	blue	red

this	get	will	for	me
make	just	that	what	know
from	help	too	could	has
play	ate	three	where	look
people	around	who	white	again
good	find	take	come	does



Your child will be learning and reviewing these words throughout first grade.

1. a
2. and
3. are
4. can
5. do
6. for
7. go
8. has
9. have
10. he
11. here
12. I
13. is
14. like
15. little
16. look
17. me
18. my
19. play
20. said
21. see
22. she
23. the
24. this
25. to
26. was
27. we
28. where
29. with
30. you
31. does
32. not
33. school
34. what
35. down
36. out
37. up
38. very
39. be
40. come
41. good
42. pull
43. fun
44. make
45. they
46. too
47. jump
48. move
49. run
50. two
51. again
52. help
53. new
54. there
55. use
56. could
57. live
58. one
59. then
60. three
61. eat
62. no
63. of
64. under
65. who
66. all
67. call
68. day
69. her
70. want
71. around
72. by
73. many
74. place
75. walk
76. away
77. now
78. some
79. today
80. way
81. why
82. green
83. grow
84. pretty
85. should
86. together
87. water
88. any
89. from
90. happy
91. once
92. so
93. upon
94. ago
95. boy
96. girl
97. how
98. old
99. people
100. after
101. buy
102. done
103. every
104. soon
105. work
106. about
107. animal
108. carry
109. eight
110. give
111. our
112. because
113. blue
114. into
115. or
116. other
117. small
118. find
119. food
120. more
121. over
122. start
123. warm
124. caught
125. flew
126. know
127. laugh
128. listen
129. were
130. found
131. hard
132. near
133. woman
134. would
135. write
136. four
137. large
138. none



SUMMER



Student Name: _____

Below are 16 fun ideas for a summer school adventures. See how many you can complete throughout the summer months with your family! Attach pictures and writing to share with your first-grade class when you return to school. Color each box as you complete each activity.

<p>*Be Kind* Draw a detailed picture and give it to a neighbor.</p>	<p>Find 5 things outside that start with the first letter of your name. Draw and write about the item.</p>	<p>Build a reading fort using a blanket, a chair, and a table. Read a book in there. Title:_____</p>	<p>Use a flashlight and your hands to make shadow animals on a wall. What animals did you create?</p>
<p>Take a walk. As you're walking, tell a story about a frog, a rock, and a sailing boat.</p>	<p>*Be Kind* Call a family member you have not spoken to in a long time.</p>	<p>With an adult, search for a ladybug or any bug outside. Draw what it looks like.</p>	<p>Recycle all the paper, aluminum, and plastic you can today! Why is it important to recycle.</p>
<p>Make a paper airplane and fly it outside. Write or draw about your experience.</p>	<p>Imagine you lived on the moon. Draw what your house would look like?</p>	<p>*Be Kind* Write a kind note. Then, send or give it to someone special.</p>	<p>Ask an adult about what they were like as a child. Draw or write about what you learned.</p>
<p>Use chalk to create an outdoor mural. Draw or write about what you created.</p>	<p>When it is dark, go outside with an adult and look for stars. Write or draw about what you see.</p>	<p>Make a paper boat and float it in a sink. How many pennies can it hold?</p>	<p>*Be Kind* Help someone with a chore or job that is not their favorite.</p>

Keep the learning going this summer with IXL!



Exciting news: your child will have access to IXL all summer long! To get started, simply have your child sign in to IXL and start working on skills.

And, easily find the right skills to prepare your child for next school year with IXL's **Summer Boost skill plans**. These ready-made sets of essential skills prepare kids for their next grade level. Have your child work through these day-by-day recommendations over the summer to give them a strong start next school year.

How to find the perfect IXL skills for summer

1

Once signed in to IXL, hover over Learning in the green toolbar and click on **Skill plans**.



2

Click into a **Summer Boost skill plan**, located at the top of the page in the Spotlight section.

*Hint: If a child just finished 4th grade and is a rising 5th grader, click into the 5th grade skill plan.



3

Your child can begin working on the **skill plan** by clicking into the first skill. We suggest following the pacing guide on the skill plan.

